



PRAY FOR LOVE

SONG: "PRAY FOR LOVE" by VANESSA AMOROSI

ALBUM: "THE POWER"

ORIGINAL POSITION: FEET TOGETHER WEIGHT ON THE LEFT FOOT.

CHOREOGRAPHER: TERESA, VERA & THE LADY IN BLACK. UK.

BEATS	STEPS: This dance is done in TWO directions ONLY.
&1 & 2 3, 4 5 & 6 7 & 8	BACK-HEEL-TOGETHER-ACROSS, FULL TURN, SIDE SHUFFLE, BACK-ROCK-SIDE STEP R BACK, TOUCH L HEEL FORWARD, STEP L TOGETHER, STEP R ACROSS IN FRONT OF LEFT, TRAVELLING LEFT : TURN 360 DEGREES RIGHT STEP : L, R SIDE SHUFFLE TO THE LEFT : L-R-L, STEP R BACK, ROCK FORWARD ONTO L, STEP R TO THE SIDE.
1 & 2 3, 4 5 & 6 7, 8	BEHIND-SIDE-ACROSS, SIDE, ¼ TURN, ½ TURN SHUFFLE, BACK, ROCK FORWARD STEP L BEHIND RIGHT, STEP R TO THE SIDE, STEP L ACROSS IN FRONT OF R, STEP R TO THE SIDE, TURN 90 DEGREES LEFT STEP L FORWARD, TURN 180 DEGREES LEFT SHUFFLE BACK : R-L-R, STEP L BACK, ROCK FORWARD ONTO R.
1, 2 3 & 4 5, 6 7 & 8	FORWARD, FORWARD, SIDE- ¼ TURN-FORWARD, FORWARD, FORWARD, SIDE- ¼ TURN-FORWARD STEP L FORWARD, STEP R FORWARD, STEP L TO THE SIDE, TURN 90 DEGREES RIGHT STEP R FORWARD, STEP L FORWARD, STEP R FORWARD, STEP L FORWARD, STEP R TO THE SIDE, TURN 90 DEGREES LEFT STEP L FORWARD, STEP R FORWARD.
1, 2 3 & 4 5, 6 7 & 8	FORWARD, ROCK BACK, ½ TURN SHUFFLE, FULL TURN, ¼ TURN SHUFFLE ACROSS STEP L FORWARD, ROCK BACK ONTO R, TURN 180 DEGREES LEFT SHUFFLE FORWARD : L-R-L, STEP R FORWARD, TURNING 360 DEGREES LEFT HOOK L HEEL TO RIGHT SHIN, TURN 90 DEGREES LEFT SHUFFLE L ACROSS IN FRONT OF RIGHT : L-R-L.
1, 2 3 & 4 5 & 6 & 7 & 8 &	SIDE, TOUCH, UNWIND, BACK-FORWARD, HEEL SWITCHES ¼ TURN, HEEL SWITCHES ¼ TURN TOUCH R TOE TO THE SIDE, TOUCH R TOE ACROSS IN FRONT OF LEFT, UNWIND TURNING 180 DEGREES LEFT TAKE WEIGHT ONTO R, STEP L BACK, ROCK FORWARD ONTO R, TOUCH L HEEL FORWARD, STEP L TOGETHER, TURN 90 DEGREES RIGHT TOUCH R HEEL FORWARD, STEP R TOGETHER, TOUCH L HEEL FORWARD, STEP L TOGETHER, TURN 90 DEGREES RIGHT TOUCH R HEEL FORWARD, STEP R TOGETHER.
1 & 2 3, 4 & 5, 6 7, 8	SIDE SHUFFLE, BACK, ROCK FORWARD, SIDE-ACROSS, HOLD, SLOW ¾ UNWIND SIDE SHUFFLE TO THE LEFT : L-R-L, STEP R BACK, ROCK FORWARD ONTO L, STEP R TO THE SIDE, STEP L ACROSS IN FRONT OF RIGHT, HOLD, UNWIND TURNING 270 DEGREES RIGHT TAKE WEIGHT ONTO R.
1 & 2 3 & 4 5 & 6 & 7 & 8	HIP-HIP-HIP, COASTER STEP, HEEL- ¼ TURN HITCH, HEEL-HITCH, BEHIND-SIDE-ACROSS TOUCH L FORWARD PUSH HIPS : FORWARD, BACK, FORWARD, (KEEP WEIGHT ON R) COASTER : STEP L BACK, STEP R TOGETHER, STEP L FORWARD, TOUCH R TOE FORWARD, TURN 90 DEGREES RIGHT HITCH R KNEE, TOUCH R TOE FORWARD, HITCH R KNEE, STEP R BEHIND LEFT, STEP L TO THE SIDE, STEP R ACROSS IN FRONT OF LEFT.
1, 2 3, 4 & 5, 6 7, 8	SIDE, TOUCH, SIDE, TOUCH, BACK-FORWARD, ACROSS, BACK, SIDE STEP L TO THE SIDE, TOUCH R TOE TOGETHER, STEP R TO THE SIDE, TOUCH L TOE TOGETHER, STEP L BACK, ROCK FORWARD ONTO R, STEP L ACROSS IN FRONT OF RIGHT, STEP R BACK, STEP L TO THE SIDE.
64	REPEAT THE DANCE IN NEW DIRECTION